Nutri Sci 421: Obesity and Health

Spring 2022 | 1 credit | Spring Break (in-person)

Worldwide, more than a billion people are either overweight or obese, and in Wisconsin, two-thirds of adults are overweight or obese. The United Nations estimates that as many as 17 million people now die from obesity-related health problems each year, a number which continues to increase. Through this interactive course you will develop an understanding of the obesity “epidemic” and its causes, examine a myriad of socio-economic factors that impact this issue, study which Sustainable Development Goals relate directly to obesity, and learn about possible responses at both the personal and institutional levels through examples in the United States and Mexico.

Please note that this course meets during Spring Break on Friday evening (March 11), Saturday, Sunday and Monday (March 12-14) from 8:00am-1:00pm, and potentially Tuesday, March 15 (if additional time is needed to complete activities).

There is no application for this course. Enrollment is restricted to Global Health certificate students graduating in May 2022 that need to fulfill their field experience requirement. If you meet these criteria and the course is full when you try to enroll, please join the wait list.